## **Murray Parks and Recreation Presents:**

WINTER 2013

## Murray Aquatic Club

The Murray Aquatics Club "MAC" is a competitive USA Swimming team for youth ages 5-18. Team practices are held 5 days a week.

To join MAC, swimmers must have completed swim lessons or given the Head Coach's approval after evaluation of swimming skills.

To participate MAC, all swimmers must become a member of USA Swimming. New members of MAC are recommended to join Pre-MAC. All swimmers are <u>expected</u> to attend swim meets. Swimmers are <u>expected</u> to attend practice:

Gold (5x per week) Silver ( +4x per week) Bronze (+3x per week)

Head Coach: Ari Romo

Asst. Coaches: Jed Knight, Jennifer Merrill, Tyler Nielson, Kelsey Smeding



Ages 5 - 18 years

Days Monday - Friday

Practice Times

Gold/Silver 4:30 – 6:00PM Bronze 4:30 – 5:30PM

Cost Resident/Non Res.

Monthly

Gold/Silver \$40/\$45 Bronze \$35/\$40

Seasonal (Dec-Feb)

Gold/Silver \$105/\$120 Bronze \$90/\$105

Annual (Dec-July)
MAC \$300

USA Swimming = \$75/yr.

Participants Name:	Date of Birth:
Address:	
Parent/Guardian:	Phone:
Email Address:	
Emergency Contact:	Phone:
Does the participant have any physical limitations?	No Yes
If yes, please explain:	
I have received and signed the concussion policy:	Yes No
LIABILITY RELEASE AND PERMISSION TO PARTICIPA In consideration of the acceptance of my application for the above activi damages, for death, personal injury, or property damage which my child tion in said event. It is understood that some recreational activities involvisks, I hereby assume those risks. It is further understood and agreed the my heirs and assigns. I have read and understood the forgoing registrates.	ty, I hereby waive, release, and discharge any and all claims for I may have, or which may hereafter accrue as a result of participave an element of risk or danger of accidents, and knowing those hat this waiver, release and assumption of risk is to be binding on
Parent/Guardian Signature	Date





For Practices, Meets and More Info. Visit www.murrayaquaticclub.com

The Park Center 202 E. Murray Park Ave. (801)284-4200

Office Use Only			
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CASH	CHECK	VISA	
AMEX	DISC	MC	
Date		_	
Staff		_	